



Thank you for your interest in
The JOURNEY 200
A 200 Hour Yoga Alliance Certified
Teacher Training!

Please take a moment to complete the
application below, answering all questions to the
best of your knowledge.
Don't hesitate to ask questions!

BASIC INFORMATION

Name: _____

Preferred Name: _____

Address: _____

City: _____

State: _____ Zip Code: _____

Phone (home/cell): _____

Email: _____

Emergency Contact Name: _____

Emergency Contact Phone: _____

"Home" studio: _____

ADDITIONAL INFORMATION

Have you ever attended a yoga class with Allison or Michelle in the past?

YES _____ NO _____

Please describe your yoga and spiritual experience (average practice, type of yoga, how many times a week, how long you have been practicing, etc).

Why are you interested in becoming a yoga teacher?

Why did you pick The Journey 200 program over other training centers?

Tell us about your physical health (major illnesses, surgeries, injuries, or physical conditions that we should know about).

What is your favorite thing about yoga?

List any other facts about yourself that you think we should know.

COST:

Training Investment:

Option #1 - Early Bird Enrollment - \$2500 until September 2, 2022 (includes non-refundable deposit due with application) *Must be paid in full at time of enrollment.

Option #2 - After September 2, 2023

\$2850 (includes non-refundable deposit due with application) -Cash, Check or Venmo is accepted. Please use @allison-sobel-1 or @michelle-baldino when using Venmo.

Payment Plan Investment: \$2850

*Payment plan must be paid in full no later than January 1, 2023.

**Payment structure: Secure your spot with a non-refundable deposit \$500,*

Installment #1 \$587.50 Due 10/1, Installment #2 \$587.50 Due 11/1, Installment

#3 \$587.50 Due 12/1 and Installment #4 \$587.50 Due 1/1

Payments Accepted via: Cash, Check or Venmo @Michelle-Baldino or @Allison-Sobel-1

Snail Mail Payments ☺ Checks accepted. Please email us for the address.

20 classes are required outside of the syllabus hours. These classes are not covered by the investment but are offered at a discount at Bulldog Yoga.

AFFIRMATION

I (print name) _____ am the individual given above. I confirm that all information provided herein is true, accurate, and up to date. Further, I agree that to the extent that there are any changes to the information provided above that may affect my ability to attend the Teacher Training; I shall inform Allison or Michelle as soon as possible. I understand and agree that any and all information I submit via this form will be sent to Allisonsobelyoga@gmail.com or Michelle@bulldogyoga.com for the purposes of registration and application for the training in question. In addition, I confirm that I have read, understood and agreed to the payment terms.

Signature: _____

Date: _____

Please include a headshot with your application.